

Favorite Families of Plants Used by Western Cascade Butterflies

compiled by Tanya Harvey

CATERPILLAR HOST PLANTS (*Good nectar plants as well)

***Apiaceae or Umbelliferae (Carrot Family):** *Angelica, Cow Parsnip, Lomatium, Rangers Buttons, etc.*

🦋 Anise Swallowtail

***Asteraceae (Sunflower Family):** *Cascade and other Asters, Thistles, Pearly Everlasting, Pussytoes, etc.*

🦋 Hoffmann's Checkerspot, Northern Checkerspot, Field Crescent, Mylitta Crescent, Painted Lady

Betulaceae (Birch Family): *Alders, Bog Birch*

🦋 Green Comma, Pale Swallowtail, Mourning Cloak

***Brassicaceae (Mustard Family):** *Rockcresses, Bittercresses, Wallflowers, Wintercresses*

🦋 Western White, Margined (Mustard) White, Sara Orangetip

***Crassulaceae (Stonecrop Family):** *Broadleaf, Creamy, Spreading and other Stonecrops (or Sedums)*

🦋 Moss' Elfin

Cupressaceae (Cypress Family): *Incense-Cedar, Western Red-Cedar, Alaska Yellow-Cedar (?)*

🦋 Juniper Hairstreak

***Ericaceae (Heath Family):** *Huckleberries, White Rhododendron, Manzanitas, Madrone*

🦋 Mariposa Copper, Brown Elfin, Hoary Comma, Green Comma, Spring Azure

***Fabaceae (Pea Family):** *Lupines, Clovers, Deervetches, Peas, Vetches*

🦋 Orange Sulphur, Greenish Blue, Silvery Blue, Boisduval's Blue, Northern Blue, Western Tailed-Blue, Eastern Tailed-Blue, Bramble Hairstreak, Gray Hairstreak, Persius Duskywing, Silver-spotted Skipper

Fagaceae (Oak Family): *Chinquapin, Oregon White Oak and other Oaks*

🦋 California Sister, Propertius Duskywing, Golden Hairstreak

Fumariaceae (Bleeding Heart Family): *Western Bleeding Heart*

🦋 Clodius Parnassian

***Grossulariaceae (Currant or Gooseberry Family):** *Currants and Gooseberries*

🦋 Hoary Comma, Gray (Oreas) Comma, Tailed Copper

***Malvaceae (Mallow Family):** *Checkermallows*

🦋 Common Checkered-Skipper, West Coast Lady, Painted Lady

Pinaceae (Pine Family): *Ponderosa, White and Lodgepole Pines, Douglas-fir, Hemlocks (?), True Firs (?)*

✿ Pine White, Western Pine Elfin

Poaceae (Grass Family): *Grasses*

✿ Great Arctic, all Wood Nymphs, Common Ringlet, Arctic Skipper, Juba Skipper, Common Branded Skipper, Sachem, Woodland Skipper, Common Roadside-Skipper

***Polygonaceae (Buckwheat Family):** *Arrowleaf, Sulphur and Barestem Buckwheat; Knotweeds, Docks*

✿ Edith's Copper, Purplish Copper, Lilac-bordered Copper, Blue Copper, Bramble Hairstreak, Gray Hairstreak, Square-spotted Blue, Pacific Dotted Blue, Acmon Blue

***Rhamnaceae (Buckthorn Family):** *Ceanothus, Cascara*

✿ Hedgerow Hairstreak, California Tortoiseshell, Pale Swallowtail, Brown Elfin

***Rosaceae (Rose Family):** *Bitter Cherry, Oceanspray, Serviceberry, Hardhack, Indian Plum, Roses, Blackberries, Strawberries, Cinquefoils, etc.*

✿ Two-banded Checkered-Skipper, Spring Azure, Brown Elfin, Gray Hairstreak, Pale Swallowtail, Lorquin's Admiral

***Salicaceae (Willow Family):** *Willows, Black Cottonwood, Quaking Aspen*

✿ Green Comma, Western Tiger Swallowtail, Mourning Cloak, Sylvan Hairstreak, Lorquin's Admiral, Dreamy Duskywing, Satyr Comma

***Scrophulariaceae (Figwort Family):** *Penstemons, Paintbrush, Blue-Eyed Mary, Snow Queen, Monkeyflower*

✿ Edith's Checkerspot, Variable Checkerspot, Common Buckeye

Urticaceae (Nettle Family): *Stinging Nettle*

✿ Satyr Comma, Milbert's Tortoiseshell, Red Admiral, West Coast Lady

***Violaceae (Violet Family):** *Early Blue, Baker's, Evergreen and Stream Violets*

✿ Western Meadow (Pacific) Fritillary; all greater fritillaries: Great Spangled, Hydaspes, Atlantis & Callippe

BUTTERFLY NECTAR PLANTS ONLY

***Apocynaceae (Dogbane Family):** *Spreading Dogbane*

***Lamiaceae (Mint Family):** *Horsemint, Coyote Mint, Hedgenettles*

***Valerianaceae (Valerian Family):** *Sitka Valerian, Rosy Plectritis*